***February 3, 2019***

***Today’s Lesson: Cary Paul***

**From Mike:**

Have you given up on your New Year’s resolutions yet? If they are important to you—probably not. If you really didn’t want to do it in the first place, they probably faded away a few weeks ago. I have always felt like it was a terrible time of the year to be making resolutions. January first is in the middle of Winter! It’s cold—and it’s not going to get warm any time soon! It’s a terrible time to diet or exercise! Especially if you like to do your exercising outdoors! Yes, I know there are a lot of other resolutions people make, but these are the two “biggies” that we all tend to say we’ll do to start the year out right. Is it a good time to make some other—more personal—more indoors, kind of resolutions? Maybe. Read more? Read through the Bible in 2019? Pray more, give more, and/or get involved in my church family more? Always a great idea! I would encourage such resolutions. Anything that makes us a better person, a better spouse, parent, or friend, or anything that brings us into a closer relationship with God is not only good—it’s what we are supposed to do!

 Here’s my point, don’t wait to challenge yourself and bring about change in you life if God is guiding you to do it! I don’t think He sits around all year waiting for New Year’s day to prompt us into becoming a better person. His guidance is daily! When He puts a person, an event, or a simple “AH-AH” moment in our life, we need to resolve to learn and live it! Here we are, a full month after the New Year’s resolutions are made, and if God is nudging you to change your thinking, your habits, or your priorities—DO IT! As we’ve been saying for the last several weeks, your story is still being made! God is involved—listen! See the opportunities to grow and improve—and change your story if it’s needed!

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